

# **GMOs in Perspective**

## **GMOs are safe**<sup>1,2</sup>

Foods that contain GMO ingredients have the same makeup and nutritional value as non-GMO options.<sup>3</sup>

In the **20+years** since GMOs were introduced, trillions of meals containing GM ingredients have been safely consumed<sup>4</sup>

GMOs have been studied extensively, with ongoing regulation and oversight by the FDA, USDA and EPA.<sup>2</sup> Major medical associations agree.<sup>5,6</sup> Foods that contain GMOs pose no greater risk to humans or livestock than non-GMO foods.

### **GMOs help** farmers meet the challenges of tomorrow.



#### **Changing global conditions**

GMOs fight viruses, disease and insects and allow crops to grow in drought and flood conditions.7



#### Improved sustainability GMOs enable farmers to grow more food on less land using fewer chemicals.<sup>8</sup> New apple and potato varieties eliminate browning and can help reduce food waste.



#### Affordable food

Without GMOs, prices for meat, milk, eggs and other foods could be higher. Research shows the price of crops as ingredients for food could be 15 to 30% higher without GMOs.9

'Genetic Literacy Project, With 2000+ global studies affirming safety, GM foods among most analyzed subjects in science. Jon Entine & JoAnna Wendel 2013. https://geneticliteracyproject.org/

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