SERIOUS PSYCHOLOGICAL DISTRESS REMAINS HIGH IN YOUNGER VETS

- Distressed: 93.60%, 86.80%, 92.30%
- Not Distressed: 6.40%, 13.20%, 7.70%

SUICIDICAL THOUGHTS AND ATTEMPTS CONTINUE TO REMAIN HIGHER IN VETERINARIANS THAN THE GENERAL PUBLIC

- Veterinarians:
  - Thoughts about killing yourself: 3,600*
  - Planned to kill yourself: 1,463*
  - Attempted to kill yourself: 64*
- General Population:
  - Thoughts about killing yourself: 7,455*

*numbers are per 100,000 population

WHILE WELLBEING IS LOWEST AMONG YOUNGER VETERINARIANS, MORE EXPERIENCED VETERINARIANS EXHIBIT VERY HIGH LEVELS OF WELLBEING

High levels of wellbeing show investment and pride in their career as well as feelings of making positive contributions to other people’s lives.
THE MERCK ANIMAL HEALTH VETERINARIAN WELLBEING STUDY IS A NATIONALLY REPRESENTATIVE STUDY OF U.S. VETERINARIANS IN ALL SECTIONS OF THE PROFESSION ON BOTH MENTAL HEALTH AND WELLBEING.

Methodology
In partnership with the AVMA, 20,000 randomly selected veterinarians were contacted via email with an invitation to participate in the study. 2,871 usable, completed responses (14.5%) were collected. Data was weighted based on age, gender and region of the U.S. The margin of error is +/- 1.80% at 95% confidence level.

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